



# PRAYER

Prayer is sometimes a difficult thing to do, not only do we not know what to pray for but we don't know how to pray. Prayer is our primary means of communication with God. Prayer is essential to our faith and walk with God. The Lord wants to hear from you. Not just when times are tough but when you are having a great day. Prayer doesn't have to be extremely formal that you are speaking a different language, nor does it have to be a repetitive babbling of the same words, it should be an honest conversation with your Father. Prayer can be long, or short but it must be done with an open heart, and often enough to establish a relationship with God. Prayer brings so many wonderful things into our lives that God has for us this includes, but it is not limited to blessings, peace, protection and comfort.

## **Psalms 145: 18-19**

What does this verse say about those who are *close and call on the Lord*?

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## **Mathew 6:6-8**

In reading these verses, what type of prayer do you think God values most?

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## **Luke 22:31-32**

How does prayer work against the enemy?

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Ask Jesus to show you a prayer strategy for a specific prayer you have in mind. Write down what you felt, heard or saw.